

Mid Atlantic Shoulder and Elbow Society Annual Meeting

Friday, September 8, 2023 | Washington, DC | Ritz-Carlton Hotel

September 7, 2023

Pre-Meeting Activities

7-11PM WRS Welcome for MASES Attendees | Cocktail Evening | Ritz-Carlton SNUG Rm

7-9PM MASES Faculty Welcome Reception - Watergate Rooftop

September 8, 2023

12th Annual Meeting Program

7:00 AM **Badge Pickup | Walk-In Registration | Breakfast**

8:00 - 8:45 AM **"I've fallen and I can't get up! By the way I dislocated my shoulder."**

Dealing with patients over 40 with shoulder instability
Cuff Disease, Fractures, Chronic Dislocations

Moderator: *Bradford Parsons*

Faculty Panel: *Brian Galinat, Scott Epsley, David Lutton, Albert Lin, Peter Johnston, Laurent Lafosse*

8:45 - 9:15 AM ***My Evolution of Anterior Shoulder Instability Management***
Presidential Speaker

Laurent Lafosse

9:15 - 10:00 AM **Shoulder Potpourri... So many choices... Audience choose the case!**

Moderator: *Lawrence Gulotta*

Faculty Panel: *Matthew Garberina, Melissa Wright, Yoni Rosenblatt, Mark Lazarus, Marc Kowalski*

10:00 - 10:20 **B R E A K**

10:20 - 11:10 AM **What goes with elbow bread? Elbow bread and butter!!**
Elbow soft tissue trauma and instability.

Moderator: *Mark Baratz*

Faculty Panel: *Frank Alberta, Christopher Dodson, Ashley Bassett, Heather Weesner, Matthew Ramsey*

11:10 AM - 12:00 PM **Nix the hot lights and cold steel. Everything but the knife.**

Alternatives to PSR for practice revenue

Moderator: *Paul Sethi*

Faculty Panel: *Kevin Plancher, Joseph Abboud, Laurent Lafosse, J.R. Rudzki, Sameer Nagda*

12:00 - 1:00 PM LUNCHEON

1:00 - 2:00 PM "Wake up! Post lunch coma revival!

Case Based Group Discussions... Can we reach a consensus?

Moderators: Luke Austin and Samuel Taylor

Faculty/table: *Paul Sethi, Chris Dodson, Dave Lutton, Sameer Nagda, Michael Bercik, Greg Carolan, Kevin Plancher, J.R. Rudzki, Stephen Brockmeier, Eric Black, J. Gabriel Horneff, Alex Starks, Calista C. Morris, Justin Griffin*

2:00 - 2:20 PM **Pardon the Interruption (ESPN HAS NOTHING on MASES)**

Moderator: *Anand "Kornheiser" Murthi*

Faculty Panel: *Gerald Williams, Laurent Lafosse*

2:20 - 2:40 PM **Leaders Share Your Wisdom**

Moderator: *Sameer Nagda*

Faculty Panel: *Gerald Williams, Brian Galinat, Laurent Lafosse, Fran Cuomo, Kevin Plancher*

2:40 - 3:00 PM BREAK

3:00 - 3:45 PM **"Doc please treat my shoulder! No f\$%k*n way I'm getting a shoulder replacement - are you crazy?!"**

Young deformed arthritic shoulders; They are too young for arthroplasty - or are they?

Moderator: *Albert Lin*

Panel: *J. Gabriel Horneff, Laurent Lafosse, Michael Knudsen, Jennifer Vanderbeck, Bradford Parsons, Luke Austin*

3:45 - 4:15 PM



Moderator: *Joseph Abboud*
Captains: *Anand Murthi; Paul Sethi*

TEAMS:

4:15 - 5:00PM

“I’ve lived, I’ve loved, I’ve learned, I’ve left town...” The chronic painful shoulder is on the schedule again.

Failure is a wonderful teacher - let me show you how much I’ve learned!

Moderator: *Stephen Brockmeier*

Faculty Panel: *Martin Kelley, Laurent Lafosse, Matt Ramsey, Lawrence Gulotta, Fran Cuomo*

5:00PM

A D J O U R N

5:00PM

Please join us for an attendee reception following the close of the meeting.

2023

FACULTY

PRESIDENTIAL SPEAKER: Laurent Lafosse, M.D.

Joseph A. Abboud, M.D.

Professor of Shoulder & Elbow Surgery
The Rothman Institute
The Sidney Kimmel Medical College at
Thomas Jefferson University
Philadelphia, PA

Frank Alberta, M.D.

Associate Professor
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Rothman Orthopaedic Institute
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Luke S. Austin, M.D.

Associate Professor, Orthopedic Surgery
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Sidney Kimmel Medical College at
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Philadelphia, PA

Mark Baratz, M.D.

Hand Fellowship Director
University of Pittsburgh Medical Center
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Ashley J. Bassett, M.D.

Orthopaedic Surgeon, Sports Medicine,
Team Physician, USA Gymnastics
Director, Women's Sports Medicine Ctr.
The Orthopedic Institute of New Jersey
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Michael Bercik, M.D.

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Eric M. Black, M.D.

Vice Chairman, Department of
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Section Chief, Shoulder and Elbow Surgery
Summit Health
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Stephen F. Brockmeier, M.D.

Professor, Department of Orthopaedic
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University of Virginia
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Greg F. Carolan, M.D.

Chief, Orthopaedic Sports Medicine and
Shoulder Surgery
Clinical Professor Orthopaedic Surgery
St. Luke's Univ. Health Network
Temple Univ. School of Medicine
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Frances Cuomo, M.D.

Montefiore Medical Center
New York, New York

Christopher C. Dodson, M.D.

Professor Orthopaedic Surgery
Sidney Kimmel Medical School at Thomas
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Scott Epsley, P.T.

Sports Physiotherapy
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Brian J. Galinat, M.D., MBA

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Matthew J. Garberina, M.D.

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Justin Griffin, M.D.

Orthopedic Surgeon
Jordan-Young Institute
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Lawrence V. Gulotta, M.D.

Associate Professor of Orthopaedic Surgery
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Director, Shoulder and Elbow Fellowship
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John Gabe Horneff, M.D.

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Peter S. Johnston, M.D.

Assistant Professor
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Medstar Union Memorial
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Martin Kelley, PT, DPT

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Michael L. Knudsen, M.D.

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Marc S. Kowalsky, M.D.

Orthopaedic & Neurosurgery Specialists
ONSF Foundation for Clinical Research &
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Laurent Lafosse, M.D.

Orthopaedic Surgeon
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Team Physician
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Bradford Parsons, M.D.

Professor and Vice-Chair
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Leni and Peter May Department of
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Kevin D. Plancher, M.D., MPH

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Paul M. Sethi, M.D.

The ONS Sports and Shoulder Service
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Alexandria O. Starks, M.D.

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